



## Before you start

**Please note:** This application form must be read in conjunction with the [Information for applicants](#) document and the [GPMHSC requirements for FPS CPD accreditation](#) document.

Please ensure you have read this information before completing and submitting your application to ensure your activity will fulfill all GPMHSC accreditation requirements.

## Grant details

This application form refers to a grant of \$5,000 being offered to successful applicants to develop and deliver a **Focused Psychological Strategies Continuing Professional Development (CPD) activity**.

In the same way that FPS ST educates GPs on the FPS interventions approved under the Better Access Initiative, FPS CPD activities must further GPs knowledge and skills on these interventions, and/or on the mental disorders approved under the Better Access Initiative.

Please visit the GPMHSC website for more information about the educational requirements for developing and delivering **accredited FPS CPD**.

## Eligibility criteria

### To be eligible for an FPS CPD grant, applicants must:

develop training that meets RACGP and GPMHSC requirements for FPS CPD

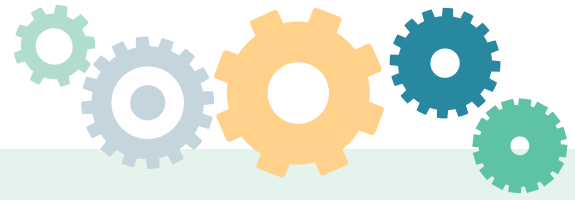
- agree and commit to delivering the training before 31 December 2025
- have the training available for GPs to access and complete until the end of the 2023–25 CPD triennium
- have an Australian Business Number (ABN).

### Preference will be given to grant applicants who:

- have at least one other course previously accredited by the GPMHSC
- can demonstrate some experience in developing training and education
- can develop FPS CPD training addressing the specific mental health and wellbeing needs of:
  - Aboriginal and Torres Strait Islander people
  - children and adolescents
  - rural and remote communities
  - refugees and asylum seekers.
- can develop training that addresses the FPS interventions approved under the Better Access Initiative, such as:
  - CBT
  - IPT
  - EMDR
  - Relaxation, anger, communication and mindfulness strategies
  - Narrative Therapy (for Aboriginal and Torres Strait Islanders)

### Terms and conditions:

Applications must be submitted by **5:00pm (AEDT) 30 June 2025**.



## Applicant details

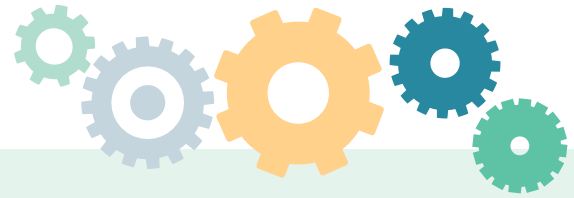
Name of organisation	Address		
Suburb	State	Postcode	
RACGP training provider ID (if applicable)	Contact name	Position	
Phone	Email	ABN	

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## Activity details

**1. Please provide detailed information around the FPS CPD activity you plan to develop.**

**2. How does this activity intend to educate on the FPS interventions and/or the mental disorders approved under the Better Access Initiative, in order to assist GPs in providing better FPS care to their patients?**



**3. If you are developing an activity regarding specific populations (Aboriginal and Torres Strait Islander People, children and adolescents, rural and remote communities, refugees and asylum seekers) please provide some information around how your activity will involve these populations**

**4. Please provide some information around how you plan to involve consumers and carers in your FPS CPD activity. Please refer to the consumer and carer information found in the GPMHSC Mental Health Standards**

**5. Does the applicant have a GPMHSC-accredited activity previously accredited for the 2023–25 CPD triennium?**

Yes            No

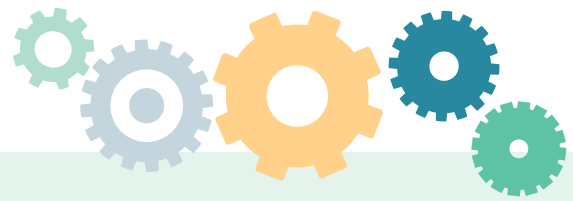
If you answered **Yes to Q5**, please provide details of the accredited activity (activity name, ID):

**6. Does the training provider have experience and success in developing and delivering mental health training and education?**

Yes            No

If you answered **Yes**, please provide details of the education or training and attach a participant evaluation or feedback.

If you answered **Yes to Q9**, please provide details of the education or training and attach a participant evaluation or feedback.



**7. Will the new FPS CPD be delivered face-to-face only, blended or e-learning format?**

Face-to-face only      e-learning only      Blended (combination of face-to-face and e-learning)

**8. Does the applicant agree and commit to developing and delivering the first training before 31 December 2025?**

Yes      No

**9. Will the training be available for GPs to access and complete during the 2023–25 CPD triennium?**

Yes      No

**10. Activities must be 6 hours or longer. Will this activity be 6 hours or longer?**

Yes      No

**11. In order to be approved, FPS CPD activities must be accredited by both the RACGP and the GPMHSC. Does the applicant agree to submit grant approved FPS CPD activity to both the RACGP and GPMHSC for approval, prior to running the activity?**

Yes      No

## Estimated costs

Please complete the following table, outlining the approximate cost (excl. GST) incurred during the design, development and implementation phases of the FPS CPD activity.

Design	Development	Implementation
Stakeholder consultations	Technology and software	Trainer fees
Instructional design Materials		Venue and facilities
Total: \$	Total: \$	Total: \$

Please ensure you have read the questions and the [Information for applicants](#) carefully, and that your responses provide the GPMHSC Committee with the information required to assess your application.

## Declaration

I acknowledge all information contained within this application is complete and accurate.

I declare that I have read and agree to the terms of the GPMHSC Training Provider Grants Program as set out in the [Information for applicants](#).

Name:

I agree:

Date of declaration:

Yes      No

Signature