

# Focussed Psychological Strategies training subsidy for GPs

We're offering a training subsidy to support GPs who complete the Focussed Psychological Strategies Skills Training (FPS ST). Eligible GPs will be reimbursed \$600 once they successfully complete the training and their FPS provider status is confirmed by Medicare. Equip yourself with the skills to manage and support individuals experiencing difficulties with their mental health.

## What's involved in the training?

You'll learn specific mental health treatment strategies, derived from evidence-based psychological therapies, including:

- cognitive behavioural therapy
- interpersonal therapy
- psychoeducation
- relaxation strategies.

The delivery of FPS by GPs, particularly in rural and remote locations, gives people access to affordable and cost-effective psychological interventions where there's a shortage or lack of psychologists and psychiatrists.

## Eligibility

To be eligible for the FPS training subsidy, you must:

- be currently working as a GP or GP in training in Australia
- enrol in and pay for accredited FPS ST
- successfully complete the requirements of the accredited FPS ST
- be registered as a GP provider of FPS with Services Australia (Medicare).

## How to apply

Complete the [FPS training subsidy claim form](#) and [Bank detail form](#) and email them to [gpmhsc@racgp.org.au](mailto:gpmhsc@racgp.org.au)

## How to access the FPS training subsidy

1. Enrol in accredited FPS ST and pay the cost of training.
2. Attend and complete the requirements for FPS ST.
3. Complete the application to register as a GP provider of FPS with Services Australia (Medicare) and email it to [gpmhsc@racgp.org.au](mailto:gpmhsc@racgp.org.au)
4. Await confirmation from Services Australia (Medicare) of your eligibility as a GP provider of FPS.
6. Complete the FPS training subsidy claim form and Bank details form and email them to [gpmhsc@racgp.org.au](mailto:gpmhsc@racgp.org.au)
7. Await confirmation of your eligibility to receive the FPS training subsidy claim from the GPMHSC within 10 business days.
8. Check your nominated bank account for a reimbursement of \$600 within 30 days of the date the GPMHSC confirms your eligibility to receive the training subsidy.