

Aboriginal and Torres Strait Islander social and emotional wellbeing plan updates

Wording specific to ATSI template	Additional information
Stand-alone template recommended for Aboriginal and Torres Strait Islander peoples	A stand-alone template will help develop rapport between the individual and their GP alongside obtaining as much information to help with their concern. Alongside ongoing cultural safety and awareness training, GPs will be able to minimise the risk of culturally unsafe/inappropriate practices.
Social and Emotional Well Being Plan	Reference to mental health should be excluded from the template as much as possible, and replaced with Social and Emotional Wellbeing (SEWB).
Emergency contact person details (Option to record more than one contact)	In many instances, one emergency contact is not sufficient in terms of being able to contact someone urgently, but also because Indigenous patients often request more family involved in their care.
Carer/next of kin details Record: <ul style="list-style-type: none"> • Who else can the healthcare team contact to discuss care of the patient? • Who else is involved in making decisions for the patient? 	This addition will help reinforce communal care, essential when providing mental health care to Indigenous communities.
Guardianship status or nominees (for adults with reduced capacity) Record: <ul style="list-style-type: none"> • Clear description of roles and boundaries 	Recommend including a record on guardianship status or nominees (for adults with reduced capacity), including a record of their roles and boundaries.

<p>Record:</p> <ul style="list-style-type: none"> • Relevant medical/biological information • Social and Emotional Well-Being SEWB (Mental health/ psychological information) 	
<p>Family and social history</p> <ul style="list-style-type: none"> • Is the patient in the same area as their close mob/ family? • Patient's cultural responsibilities and relationship with community? • Does the patient have strong connections with their mob/family? 	
<p>Social and cultural determinants of health</p> <ul style="list-style-type: none"> • Education level/work • Socioeconomic status • Connections with family and community • Stability (housing, family, relationships) • Other relevant cultural history 	
<p><u>Results of mental state examination</u></p> <p><i>Working Together: Aboriginal and Torres Strait Islander Mental Health and Wellbeing Principles and Practice</i> (Table 16.2: Implications and Considerations in MSEs, p. 281).</p>	<p>This will help GPs conduct a culturally safe mental health consultation and a culturally safe intervention/relapse prevention plan.</p>
<p><u>Assessment/outcome tool used and results</u> (except where clinically inappropriate and culturally unsafe)</p>	<p>Discuss the term 'culturally unsafe'</p>

<p>Goals Record goals made in collaboration with patient (also goals for future treatments, longer term goals)</p>	
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Aboriginal and Torres Strait Islander social and emotional wellbeing review template updates

Wording specific to ATSI review template	Additional information
<p><u>Assessment/outcome tool results on review</u> (except where clinically inappropriate or culturally unsafe)</p>	
<p><u>Comments – review of patient’s progress against goals, checking, reinforcing and expanding education, modification of treatment plan (if required)</u></p> <p>Comments from carers and relatives about how the patient is tracking.</p> <p>Comments from Aboriginal Health Worker.</p> <p>Changes in the patient’s circumstances (work, family, social connectiveness)</p>	