



Before you start

Please note: This application form must be read in conjunction with the [Information for applicants](#) document and the [GPMHSC requirements for FPS ST accreditation](#) document.

Please ensure you have read this information before completing and submitting your application to ensure your activity will fulfill all GPMHSC accreditation requirements.

Grant details

This application form refers to a grant of \$15,000 being offered to successful applicants to develop and deliver a [GPMHSC-accredited Focussed Psychological Strategies Skills Training \(FPS ST\)](#).

FPS ST aims to educate GPs on the FPS interventions approved under the Better Access Initiative, and must meet the five learning outcomes outlined in the [Mental health training standards 2026-28: a guide for training providers](#).

Please visit the GPMHSC website for more information about the educational requirements for developing and delivering accredited FPS ST.

Eligibility criteria

To be eligible for the grants, applicants must:

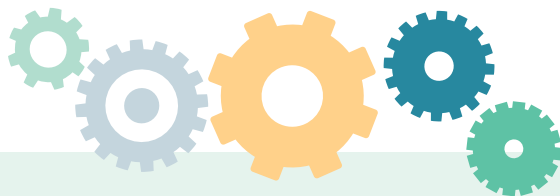
- develop training that meets [GPMHSC requirements for FPS ST accreditation](#)
- agree and commit to delivering the first training before 31 August 2027
- have the training available for GPs to access and complete until the end of the 2026-28 CPD triennium
- have an Australian Business Number (ABN).

Preference will be given to grant applicants who:

- have at least one other course previously accredited by the GPMHSC
- can demonstrate some experience in developing training and education
- can develop new training addressing the specific mental health and wellbeing needs of:
 - Aboriginal and Torres Strait Islander people
 - children and adolescents
 - rural and remote communities
 - refugees and asylum seekers.

Terms and conditions:

Applications must be submitted by **5:00pm (AEDT) 31 December 2026**.



Applicant details

Name of organisation		Address	
Suburb	State	Postcode	
RACGP training provider ID (if applicable)	Contact name	Position	
Phone	Email	ABN	

Selection criteria

1. Does the applicant intend to re-develop an existing GPMHSC-accredited FPS ST into an face-to-face course?

Yes ☐ No ☐

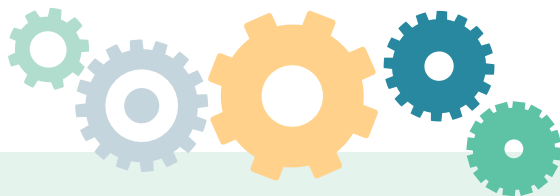
If you answered **No to Q.1**, what FPS skills will the new course teach GPs? (Tick all that apply – [Review the FPS interventions approved by Medicare here](#))

☐ CBT ☐ ITP ☐ Psychoeducation ☐ Relaxation strategies ☐ Motivational interviewing
☐ Eye movement desensitisation and reprocessing ☐ Other: _____

Activity details

2. Please provide some information around the FPS ST activity you plan to develop/redevelop.

3. How does this activity intend to educate on the FPS interventions chosen above?



4. If you are developing an activity regarding specific populations (Aboriginal and Torres Strait Islander People, children and adolescents, rural and remote communities, refugees and asylum seekers) please provide some information around how your activity will involve these populations

5. Please provide some information around how you plan to involve consumers and carers in your FPS ST activity. Please refer to the consumer and carer learning outcomes in the GPMHSC Mental Health Standards

6. Please provide some information around the GP and mental health professionals you are hoping to include in your activity, or at minimum what organisations you may engage when seeking these experts

7. Please confirm you have reviewed the five learning outcomes listed in the GPMHSC Mental Health Standards

Yes No

8 . Does the applicant have a GPMHSC-accredited FPS ST activity previously accredited for the 2026-28 CPD triennium?

Yes No

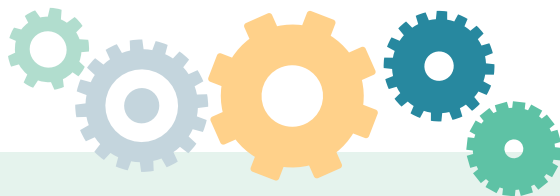
If you answered **Yes to Q8**, please provide details of the accredited FPS ST (activity name, ID):

9. Does the training provider have experience and success in developing and delivering mental health training and education?

Yes No

If you answered **Yes to Q9**, please provide details of the education or training and attach a participant evaluation or feedback.

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10. Will the new FPS ST be delivered face-to-face only or in blended format?

Face-to-face only

Blended (combination of face-to-face and e-learning)

11. Does the applicant agree and commit to developing and delivering the training before 31 August 2027?

Yes

No

12. Will the training be available for GPs to access and complete during the 2026-28 CPD triennium?

Yes

No

13. Is the applicant receiving or intend to receive funding from another source that will go towards developing and delivering FPS ST?

Yes

No

Estimated costs

Please complete the following table, outlining the approximate cost (excl. GST) incurred during the design, development and implementation phases of the online FPS ST.

Design	Development	Implementation
Stakeholder consultations Instructional design Materials	Technology and software	Trainer fees Venue and facilities
Total: \$	Total: \$	Total: \$

Please ensure you have read the questions and the [Information for applicants](#) carefully, and that your responses provide the GPMHSC Committee with the information required to assess your application.

Declaration

I acknowledge all information contained within this application is complete and accurate.

I declare that I have read and agree to the terms of the GPMHSC Training Provider Grants Program as set out in the [Information for applicants](#).

Name:

I agree:

Date of declaration:

Yes

No

Signature